

PRACTISE LESSON

Reading passage — The Morning Shift

Nurse Laura starts her shift at 7 a.m. She greets her patients and checks their charts. Mr. Johnson is in Room 204; his blood pressure is slightly elevated, and his wife is waiting outside. The head nurse asks her team to prepare their medication trolleys. 'Remember to verify your patient's identification band before administering any drug,' she says. The ICU uses its new monitoring system, and its alarms must be checked every two hours. We nurses take our responsibilities seriously because our patients depend on our accuracy.

Exercise 1. Fill in the blanks with the correct possessive adjective (my, your, his, her, its, our, their).

1. Nurse Ramirez is on duty. _____ shift ends at 7 p.m.
2. The patients in Ward B have received _____ morning medication.
3. Dr. Patel forgot _____ stethoscope in the examination room.
4. I always sanitize _____ hands before touching a patient.
5. The defibrillator is old, but _____ batteries were replaced last week.
6. You must wear _____ gloves during every wound-care procedure.
7. We are proud of _____ clinical team and _____ dedication.
8. Ms. Clark and _____ daughter are asking about the discharge plan.

Exercise 2. Choose the correct option.

1. The nurse gave **(she / her / hers)** patient a sponge bath.
2. **(Their / There / They're)** preparing the operating room right now.
3. The IV pump is beeping; **(its / it's)** flow rate is too low.
4. Have you signed **(your / you / yours)** medication administration record?
5. The surgeons washed **(their / his / her)** hands before entering the OR.
6. My colleague lost **(his / her / its)** ID badge in the emergency room.

Reading passage — Clinical assessment

Every competent registered nurse must perform a complete clinical assessment at the beginning of the shift. This assessment includes the measurement of the four main vital signs, a careful inspection of any surgical wound, and a thorough review of the medication administration record. A well-trained

nursing team reduces the risk of hospital-acquired infections and improves patient outcomes significantly.

Exercise 1. Underline the Noun Phrases in each sentence and circle the HEAD noun.

1. The experienced nurse measured the patient's blood pressure.
2. A sterile gauze pad was placed on the surgical wound.
3. Our hospital protocol requires strict hand hygiene.
4. The elderly woman in Room 5 needs oxygen therapy.
5. An automated external defibrillator saved his life.

Exercise 2. Classify each phrase as a NOUN PHRASE (NP) or NOT (X).

1. the oxygen saturation level → _____
2. administer quickly → _____
3. a painful subcutaneous injection → _____
4. under the patient's bed → _____
5. our newly graduated nurses → _____
6. very carefully → _____
7. the central venous catheter that was removed → _____

Exercise 3. Read the clinical note and list ALL noun phrases you can identify.

Clinical note: 'The 72-year-old male patient with type 2 diabetes was admitted yesterday. His peripheral intravenous line was replaced this morning. The nursing team documented a stable blood glucose level after the last insulin dose.'

Reading passage — Standard wound care protocol

Before any wound is treated, the hands must be thoroughly washed, and sterile gloves are put on. The old dressing is carefully removed and the wound is inspected for signs of infection. Then the area is cleaned with saline solution, a new sterile dressing is applied, and the procedure is documented in the nursing record. Any abnormal finding must be reported immediately to the physician in charge.

Exercise 1. Transform the following active sentences into the passive voice.

1. The nurse checks the patient's blood pressure every hour.

2. A senior doctor prescribed the new antibiotic.

3. The team is preparing the operating room.

4. The paramedics transported the victim to the ER.

5. The laboratory will send the test results by 5 p.m.

Exercise 2. Choose the correct form (active or passive).

1. The oxygen mask (**is placed / places**) on the patient's face.

2. The surgeon (**performed / was performed**) the appendectomy successfully.

3. The results (**will send / will be sent**) by email.

4. The student nurse (**was taught / taught**) how to measure blood glucose.

Exercise 3. Identify whether each sentence is ACTIVE (A) or PASSIVE (P).

1. Informed consent is obtained before any invasive procedure. ____

2. The night nurse updated the handover sheet. ____

3. Medications are being distributed at this moment. ____

4. The patient refused the treatment. ____

5. All infections must be reported to the supervisor. ____