



# Inglés Técnico

Enfermería

Guía 2

# Guía 2

## Inglés Técnico Enfermería

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Simple Present en contexto clínico:

- Rutinas hospitalarias
- Procesos fisiológicos
- Protocolos de atención

## 🗨 Activación Oral

Sin diccionario — ¿Qué recuerdas?

- Name 3 hospital places
- Use TO BE in a sentence
- Who works in a hospital?

## Key Structures — Guide 1

- > I am a nurse.
- > She is the doctor.
- > The hospital is busy.
- > There are many patients.

*Vocabulario: ward · patient · nurse · doctor · hospital*



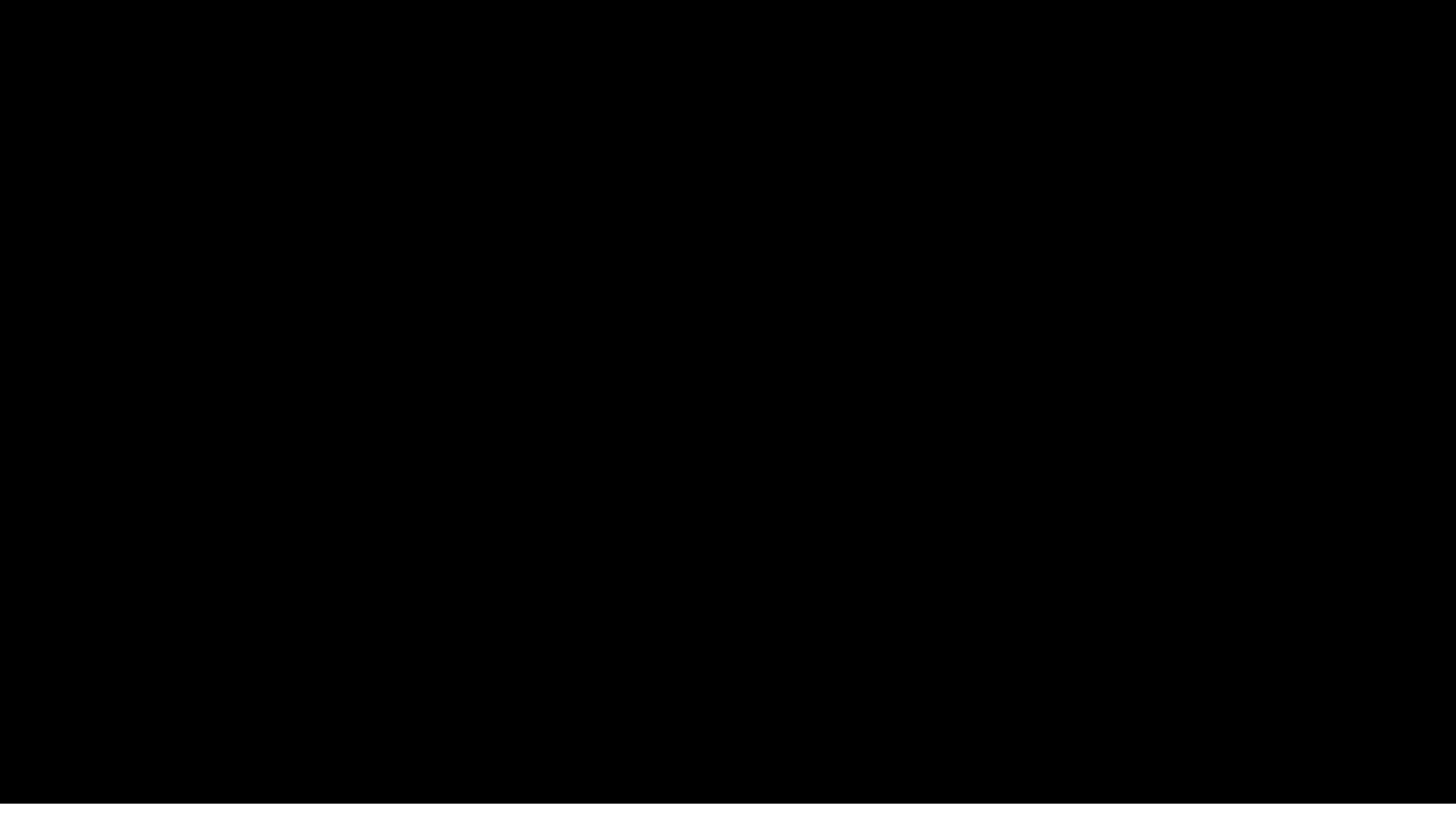
## A Day in the Life of a Nursing Student

Bryan College

2:15 min · Vocabulario cotidiano

### Comprehension Tasks:

1. What activities does the student do?
2. List 3 daily routine verbs.
3. Describe one scene in English.



*De describir quién eres → a describir lo que haces*

## TO BE

Guía 1 — Identidad

She **is** a nurse.

He **is** the doctor.

They **are** patients.

I **am** tired.



Progresión

## Simple Present

Guía 2 — Acción profesional

She **checks** vital signs every morning.

He **examines** the patient carefully.

They **monitor** oxygen levels.

I **document** the procedure.

 Simple Present = base verb (+s/es for he/she/it) · No auxiliary needed for affirmatives

## Skimming Exercise

### A Day in the Hospital Ward

Every morning, nurses arrive at 7:00 a.m. and check the patient charts. The head nurse assigns tasks to the team. Nurses take vital signs, administer medications, and document all procedures. Doctors visit patients and give instructions. Nursing assistants help patients with daily hygiene. In the afternoon, nurses monitor patient progress and update records. The ward operates 24 hours a day to ensure continuous care.

## Comprehension Check

- What time do nurses arrive?
- Who assigns tasks?
- Name 3 nurse actions from the text.
- How many hours does the ward operate?

*Responde en inglés · No uses diccionario*

## Complete with the correct verb form

1. The nurse \_\_\_\_\_ (check) temperature every hour.

2. Doctors \_\_\_\_\_ (visit) patients in the morning.

3. She \_\_\_\_\_ (administer) medication at 8 a.m.

**Verb bank:** check · checks · visit · visits · administer · administers · monitor · monitors · document · documents · assess · assesses

4. The team \_\_\_\_\_ (monitor) oxygen levels.

5. I \_\_\_\_\_ (document) all procedures carefully.

6. The ward \_\_\_\_\_ (operate) 24 hours a day.

### Rule Reminder

**He / She / It** → verb + s/es

**I / You / We / They** → base verb

## Reading Comprehension

### Maternal-Infant Care

The maternity nurse monitors the mother's blood pressure and heart rate after delivery. She checks the newborn's weight, temperature, and reflexes. The nurse teaches the mother how to breastfeed and care for the baby. She also assesses postpartum pain and administers prescribed medication. The pediatric nurse examines the infant daily and documents all findings in the clinical record.

### Vocabulario Clave

**maternity nurse**

→ *enfermera de maternidad*

**blood pressure**

→ *presión arterial*

**newborn**

→ *recién nacido*

**breastfeed**

→ *amamantar*

**postpartum**

→ *posparto*

**clinical record**

→ *historia clínica*

### Preguntas

1. What does the nurse monitor after delivery?
2. What does she teach the mother?
3. Who examines the infant daily?

## Key Vocabulary — Elderly Care

- **elderly patient**  
paciente adulto mayor
- **fall prevention**  
prevención de caídas
- **mobility**  
movilidad
- **cognitive impairment**  
deterioro cognitivo
- **pressure ulcer**  
úlceras por presión
- **hydration**  
hidratación

## Practice Sentences

- › The nurse repositions the patient every 2 hours.
- › She assesses the risk of falls on admission.
- › The team encourages fluid intake daily.
- › He monitors for signs of confusion.

## Contexto Clínico

### Geriatric Ward

Geriatric nurses provide specialized care for elderly patients. They assess mobility, cognitive function, and nutrition. The nurse monitors vital signs and prevents complications such as pressure ulcers and falls. She communicates clearly and uses simple language with patients and families.

## Hand Washing Protocol — WHO Guidelines

1. Wet hands with clean, running water.
2. Apply enough soap to cover all hand surfaces.
3. Rub palms together vigorously for 20 seconds.
4. Interlace fingers and scrub between them.
5. Rinse hands thoroughly under running water.
6. Dry hands with a clean towel or air dryer.



### Práctica Oral

**Describe the steps aloud to a partner**

*"First, the nurse wets her hands..."*

*"Then, she applies soap..."*

*"Finally, she dries her hands..."*

Usa: First · Then · After that · Finally



## Producción Escrita

### My Nursing Routine

- Write 5–8 sentences about a nurse's daily routine.
- Use Simple Present tense.
- Include: time expressions, at least 4 different verbs.

*"Every morning, the nurse arrives at..."*

 **10 minutes**



## Cierre Oral

### Share with the class

- Read your sentences aloud to a partner.
- Listen and identify 2 verbs your partner uses.
- Class reflection: What verbs appeared most?

*"What does a nurse do every day?"*

 **5 minutes**